

# **Bannerman Community League**

**Newsletter** 

Bannerman Bulletin

# **JUNE 2020**

Contents	SUN	MON	TUE	WED	THU	FRI	SAT
City of Edmonton Relaunch Strategy		1	2	3	4	5	6
<ul><li>Page 1</li><li>A Letter to the Community</li><li>Page 2</li></ul>	7	8	9	10	11	12	13
Seniors Week    Page 3	14	15	16	17	18	19	20
distance)Page 5	21  Father's Day	22	23	24	25	26	27
Community     League Board    Page 6	28	29	30				

## Relaunching Sports, Playgrounds and Open Spaces



The City of Edmonton is taking a phased and balanced approach to relaunch efforts. Starting Friday, May 22, playgrounds, skateparks, tennis, pickleball, volleyball and basketball courts, disc golf, outdoor fitness parks and athletic tracks will begin re-opening.

#### SPORTS FIELDS / ATHLETIC TRACKS

#### What Can I Do?

Sports training, dryland training, skills practice

#### With my household or cohort, games of:

- Baseball, and other diamond sports
- Football
- + Cricket
- Lacrosse
- Soccer
- Rugby
- + Field Hockey Ball Hockey

#### What Can't I Do?

- X League play
  X No scrimmages or pick up games with people outside your family or cohort

#### How can I do things there?

- Take measures to ensure no accidental contact between participants
- Make sure participants do not touch the same ball or equipment with
- Bring my own hand sanitizer and water

#### **SPORT** COURTS

#### What Can I Do?

- Tennis, singles
- Pickleball, singles
- Disc golf

#### With my household or cohort:

- + Tennis doubles
- + Pickleball, doubles
- Badminton, doubles
- Basketball

#### + Volleyball

#### What Can't I Do?

X League play

#### How can I do things there?

- to play with (e.g. marked equipment balls) and only touch that equipment Bring my own marked equipment
- \* Come back another time if the courts are busy, or try another
- Bring my own hand sanitizer and

#### **SPRAY PARKS**

X Spray Parks are closed for 2020

#### **PARKS AND OPEN SPACES**

#### What Can I Do?

- + Picnics / barbecues
- Use the trails
- + Paddling, singles Kicking a ball
- + Informal stick sports (e.g shooting,

#### With my household or cohort:

- + Frishee
- Lawn Bowling
- + Horseshoes
- + Paddling

#### How can I do things there?

- Consider wearing a mask to limit the risk of spread to others
- Bring my own food, drinks and utensils
- Bring my own hand sanitizer
- participants

#### Make sure participants do not touch the same ball or equipment with

#### **SKATEPARKS**

#### What Can I Do?

- Skateboarding
- BMX riding
- Push scorters Inline skating

#### How can I do things there?

- + Wait my turn to use ramps, bars,
- Consider wearing a mask to limit
- the risk of spread to others
- + Bring my own hand sanitizer and

#### What Can I Do? + Playgrounds + Fitness parks

PLAYGROUNDS /

FITNESS PARKS/

- How can I do things there?
- + Bring my own hand sanitizer and

- + Encourage children not to share toys

#### and limit contact with others

#### WHAT ARE THE RULES?

- + Gather in a group less than 50 people
- + Maintain 2 meters from others not in my household or cohort
- Only share common equipment with my household or cohort
- + Stay home if I am experiencing symptoms (go home if I develop symptoms)
- Wash or sanitize my hands and cough/sneeze into my elbow or a tissue
- Disinfect equipment before and after use

(in accordance with CMOH Orders 18-2020, 20-2020 & 07-2020 and Guidance for Outdoor Recreation and Playgrounds)

# To the Community That Cares:

You don't have to look very far past your own backyard to see signs of hope and resiliency, even when faced with a worldwide pandemic. Bannerman Community and everyone who is a part of it has shown time and time again that we care about our neighbours. Our gratitude for our neighbours at this time is immense and we want to capture just a small part of what we've seen over the last few months:

# Bannerman School Gives Back

The Bannerman Elementary School, Principal Tara Copeman and her staff, has been a central point of healing and connection that has gone above and beyond their call to duty as educators. When schools were shut down for the remainder of the school year, Ms. Copeman strategized around ensuring that vulnerable families with children enrolled in the school were given food hampers - an initiative that continues even today on a weekly basis. Ms. Copeman says "In September, when these kids come back...they



know that we never left them." The number of community partners who have volunteered and donated resources and time to keep this program is truly a heartwarming moment within our own backyard.

# Appreciating Bannerman's Moms

While our second annual Mother's Day tea was cancelled this year, our team strategized about how we might still spread joy for our mothers who help the neighbourhood's children become a shining light in our community. We organized a floral delivery and saw an overwhelming response of 45 orders to put a smile on Mom's face! We are grateful for the following volunteers:

- Tamara event organizer
- Linda event organizer
- Marian
- Maureen
- Rick
- Jillanne



- Clayton
- Stachia
- Deanna

Floral arrangements were made by neighbourhood florist, Edy, who volunteered her time for this event. Edy can be reached at edypulido66@gmail.com if anyone is looking to hire her services in the future.



# GROWING OLDER, STRONGER WISER HAPPIER







#GrowOlderWithMe Visit GrowOlderWithMe.net

Seniors' Week is June 1 - 7. To celebrate, we're sharing stories that highlight the positives of growing older. Be part of a growing narrative celebrating older Edmontonians. Share your story online at **GrowOlderWithMe.net**.

If you prefer print, complete the below information and mail to the Edmonton Seniors Coordinating Council along with a photo of yourself or "selfie".

What I like about growing older is	Mail to:
	Edmonton Seniors Coordinating Council Bonnie Doon Centre #255 8330 82 Ave NW Edmonton, AB T6C 4E3
	Mail your story and a photo of yourself to the above address. Participants will remumerated with a \$5 Tim Horton's gift card. Some restrictions apply. See reverse side for details.
	Please flip this page to complete our release form and enter your address. This allows us to mail you your gift card and return your photo following Seniors' Week.
	<b>&gt;</b>



# Older adults have much to offer through their life experiences.

Each passing year offers a new stage of learning and development and is a cause for celebration. Age Friendly Edmonton is working to build an Edmonton that respects, supports and includes citizens from all walks of life.

To share your story and read stories from other older Edmontonians, visit **growolderwithme.net**.

Age Friendly Edmonton is a collaboration between the City of Edmonton and Edmonton Seniors Coordinating Council and is part of the larger World Health Organization Age-friendly movement.

#### **Model Release Form**

I\_\_\_\_\_, consent to releasing my information, including my name, image, and written story, to the Edmonton Seniors Coordinating Council ("ESCC") for the purpose

of communicating about Seniors' Week, ESCC and Age Friendly Edmonton initiatives, promoting the narratives of older adults in Edmonton, and encouraging conversations around healthy aging. I understand this information may appear in various media, including print materials, web pages, social media, broadcast programs (including radio and television), and audio-visual presentations.

I acknowledge that I have no claim of any sort against the ESCC, their agents, or against anyone accessing the communications materials, whether online or in print.

In consideration for the rights and release granted to the ESCC, the ESCC agrees to provide you with a Tim Horton's gift card valued at \$5 CAD as remuneration. This agreement allows for one gift card per person. The same person submitting multiple entries is still only eligible to receive one gift card.

ESCC does not guarantee to use all stories received if they do not meet certain criteria. Your submission must include your name, a good quality photo of yourself, and a description about what you enjoy about growing older. Submissions that do not meet this criteria will not be accepted and the submitting party will not be eligible to receive a Tim Horton's gift card. At this time, we have 100 gift cards to be dispensed on a first come, first served basis.

#### INDIVIDUAL: I have read the information outlined above and understand and agree to the terms.

Signature:		Date:			
Phone number:		:			
Address:					
l authorize ESCC to contact me to provide me with my remuneration ( <b>required</b> )	I authorize ESCC to contact me for more information about my story ( <b>optional</b> )	Subscribe me to the Age Friendly Edmonton ema newsletter ( <b>optional</b> )			

# **Bannerman in Action at a Distance**

Bannerman in Action was designed to help neighbours connect with neighbours. While we can't do that face to face, we did find ways to help neighbours feel connected to their community. We are grateful to the community partnership with Bethel Community Church who helped provide resources and volunteers to assist with these endeavours. A special thank you to our committee who worked on the planning and logistics to make this a successful moment of connection:

- Tom Baird
- Maureen Murphy-Black
- Meloney Patterson

- Brian Zizek
- Jillanne Bowler-Veltman

25 garden boxes were developed as at-home garage projects for the men in our neighbourhood, with gardeners who started their indoor planting early to donate vegetable plants that were distributed with the boxes to other neighbours who were looking to add to their summer gardening plans. We give thanks to the volunteers who built garden box, offered gardening services and helped deliver them to their new homes:

- Rick garden box team organizer
- Maureen garden project organizer
- Greg
- Royce
- Stephen
- Ruth

- Carolyn
- Miranda
- Corina
- Susan
- Dave
- Leslie

In addition, all 1100 households in Bannerman received an opportunity to contribute to a mural to represent Hope and Resiliency that is so present during this time. Every household was provided a tile to decorate that will be put into a portable mural displayed at future events. More gratitude is given to all those who helped with the delivery of the tiles to households:

- Meloney tile delivery organizer
- Brian tile delivery organizer
- Tamara
- Carolyn
- Bonnie
- Mary
- Lennea

- Mellady
- Allen
- Kate
- Jim
- Wendy
- Barb
- Kim



# **Final Words**

Thank you, thank you, thank you. Thank you for being the community that comes together. Thank you for being the community that shows strength. Thank you for being the community that steps up when asked, and even when you aren't. Thank you for being the community that cares.

Sincerely,

Your Bannerman Community League

# Bannerman Community League Executive

President Dave Ball 780-475-5609

Vice-President Irene Kirby-Frith 780-340-7289

Secretary Jennifer Boone 780-478-6841

Treasurer Marian Eelhart

# **Community League Committees**

Abundant Communities Meloney Patterson 780-266-1279 Area Council Barry Kropielnicki 780-473-0159 Casino Director Wendy Curilla 780-473-6937 Communications Brian Zizek 780-709-6566 Community Garden Leslie Thompson Grants Director Maureen Murphy-Black 780-893-8979 Hall Rentals Carol Bolt 780-999-5469 Membership Meloney Patterson 780-266-1279

Sign Manager Dale Wells

Social Director

Sports Director Dave Ball 780-475-5609

## **Contact Us**

Jillanne Bowler-Veltman jillfb123@gmail

#### **Mailing address**

P.O. Box 50008 14061 Victoria Trail Edmonton AB T5Y 2M9

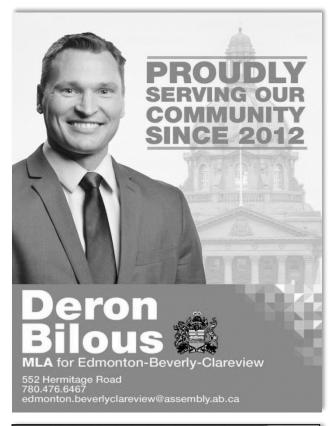
#### Website

www.bannermanleague.weebly.com

www.facebook.com/bannermancommunity

## **Join Our Next Community League Meeting!**

June 17<sup>th</sup>, 2020 at 7pm Online via virtual meeting Open to all community members. Share your input on community activities.



### **Falcor Painting and Decorating Ltd**

Free Estimates.
Residential. Commercial
Edmonton, AB

Phone: 780-224-5948 www.falcorpaintingdecoratingltd.com

# **Hall rentals!**

Bannerman Community Hall is available for wedding groups, birthday parties, meetings and other events.

Seating capacity is 140.

For information, call Carol 780-999-5469

# **Advertising rates**

Business card  $3\frac{1}{2}$ " × 2" \$30  $\frac{1}{4}$  page vertical  $3\frac{1}{2}$ " ×  $4\frac{1}{8}$ " \$50  $\frac{1}{4}$  page horizontal  $7\frac{1}{8}$ " ×  $2\frac{5}{8}$ " \$50  $\frac{1}{2}$  page horizontal  $7\frac{1}{8}$ " ×  $4\frac{1}{8}$ " \$75 Full page  $8 \times 10\frac{1}{2}$ " \$90