

Bannerman Community League Newsletter

Bannerman Bulletin

January 2021

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Are the Ice Rinks Open Yet???



Yup.

Our regular hours fall between 5-9pm on weekdays and 1-5pm on Weekends. Please remember that in order to use the rink, you need to sign up in advance at:

https://volunteersignup.org/MEQ3T

All COVID-19 distancing & health restrictions are in place. Please stay home if you are feeling ill, or were in close contact of some who had tested positive for COVID19.

- We need you to wear a mask
- Sanitize hands before and after using the rink
- Stay 2 meters apart from others

Auntie Millie's Remedies

De-Icing the walkway



Ingredients:

One (1) - blue tablespoon

Ten (10) packages of Doubly Bubbly bubble gum

One (1) - pair of non-grippy slippers

One (1) - bucket of Uncle Rocko's
Unscented Non-slip Ice Melt®

Step 1: Chew each piece of bubble gum for 1 minute 37 seconds.

Step 2: Place chewed gum at strategic support points on the bottom of each slipper.

Step 3: Affix slippers on each articulate leg appendage prior to utilizing building egress loci.

Step 4: Gradually sprinkle Uncle Rocko's Unscented Non-slip Ice Melt[®] with blue spoon over affected area.

Community League Swim Update

On December 11, 2020 all Edmonton recreation centres closed until at least January 12,2021. As a result, the suspension of the Exclusive Pool Use and Unified Community League Access Program will continue through until at least April 3. Even if some pools reopen in the new year, it is anticipated that we will still be operating at reduced capacities, so our focus will remain initially on providing as many public swim opportunities as possible. We will provide a further update in March to let you know what will happen with this program as we all better understand how the pandemic continues and future restrictions that affect our operation. Discounted memberships can still be acquired by presenting your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities. Community league members who purchase one of the options will be issued a photo access card to be swiped at each admission. Please see the link below for further information:

https://www.edmonton.ca/activities_parks_recreation/community-league-wellness-program.aspx

* Applies to new purchases only. We appreciate your patience and understanding as well all continue to live and manage through this significant public health crisis.

Thank you!
Aquatic Bookings Team
Facility Bookings and Rentals |
Community & Recreation Facilities
19th floor, Edmonton Tower, 10111104 Avenue NW, Edmonton AB
T5J 0J4

Outdoor Winter Opportunities

Get Outdoors Safely This Winter

Keep Neighbouring this Winter by Staying Physically Distanced

Connecting with Neighbours from a Distance

NEIGHBOURHOOD SERVICES



There is more green space in Edmonton than in *any* other city in Canada - something to be proud of! Edmonton has over 875 park areas, open to the public between 5:00 am and 11:00 pm daily. Outdoor enjoyment individually or with members of your household continues year-round, even after the snow flies.

- Check out Edmonton's Neighbourhood Park s and River Valley Parks. Check out the free Urban Bio Kit, a colourful workbook full of activities to explore the wonders of nature in Edmonton and learn about our exciting local natural area parks.
- Warm up around a campfire, roast marshmallows, enjoy cocoa outdoors, or go for a winter picnic with members of your household! Please ensure you are following current gathering restrictions.
- Walking is FREE, fun and good for you and members of your household. Walking can also help build community. While out walking, say hello to your neighbours from a safe distance, get some exercise, visit local shops and enjoy public spaces while following current gathering restrictions. You also become the "eyes on the street" that enhance safety and reduce crime.
- The Community Walking Map series includes over 35 maps that cover more than 100 neighbourhoods across Edmonton. Each map shows measured walking routes, shared-use paths, schools, stores and other places in your neighbourhood to explore.
- Create your own neighbourhood adventure with a self-guided orienteering map.
- The City of Edmonton has over 150 kilometres of trails in the river valley. You may find you have closer access that you thought when you explore the river valley trail maps. Pro tip: when it's icy, try walking with poles and slip-on snow cleats for your boots.
- Visit one of Edmonton's 40 sites where your dog can run and play without a leash. Some off-leash areas are in river valley parks, some are on undeveloped land and others are in neighbourhood parks. Before going, please check to see if off-leash sites are included in current COVID-19 restrictions.
- Geocaching can be done anytime of the year but can be especially fun in the winter. It is a great way to
 explore new neighbourhoods and be outside! There are many websites and apps that list existing
 locations across Edmonton. Just search and see which one works best for you. Remember to bring your
 hand sanitizer to use before and after finding a cache or, better yet, just take a photo and post on
 social media to prove you found it!
- Edmonton is home to some of the most scenic (and FREE) cross-country ski trails in Alberta. The City of Edmonton and its community partners groom over 40 kilometres of trails for skate and classic skiing and you can ski your own ungroomed tracks into ravines, open areas and parks
- Snowshoeing Most City trails are packed down, so snowshoes perform best in areas that are open, after a good snowfall and off the beaten track.
- Stargazing get email notifications from the U of A on the nights when the conditions for northern lights (aurora borealis) are most likely. Visit https://www.aurorawatch.ca/
- Outdoor public art The City of Edmonton Public Art Collection contains more than 200 art works, many of which are located outdoors. Explore the interactive public art map in Edmonton to find out where these gems are!

Bannerman Community League Executive

President Dave Ball 780-475-5609 Vice-President Irene Kirby-Frith 780-340-7289 780-478-6841 Secretary Jennifer Boone

Marian Eelhart Treasurer

Community League Committees

Abundant Communities Meloney Patterson 780-266-1279 Area Council Barry Kropielnicki 780-473-0159 780-473-6937 Casino Director Wendy Curilla Communications Brian Zizek 780-709-6566 Community Garden 780-916-7358 Lesley Thompson Grants Director Maureen Murphy-Black 780-893-8979 Hall Rentals Carol Bolt 780-999-5469 Membership Meloney Patterson 780-266-1279 Social Director 780-916-7358 Lesley Thomson Sign Manager Dale Wells Sports Director Dave Ball 780-475-5609

Contact Us

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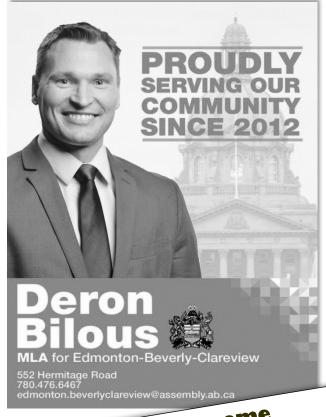
www.bannermanleague.weebly.com

www.facebook.com/bannermancommunity

Join Our Next Community League Meeting!

January 20th, 2020 at 7pm Online via virtual meeting

Open to all community members. Share your input on community activities. Request a meeting link by sending an email to bannermanleague@gmail.com



Best 2020 meme

2020 was a unique Leap Year. It had 29 days in February, 300 days in March, and 5 years in April. Reddit.com

<u>New Years Quote</u>

The secret to change is to focus all of your energy, not on fighting the old but on building the new.

-Socrates

Covid Joke of the Year

What's the difference between an oral thermometer and a rectal thermometer? The taste

Hall rentals!

Due to the Covid-19 restrictions imposed by the Alberta Government on November 24th, Bannerman Community Hall is closed until further notice. For information, call Carol 780-999-5469